



WELCOME

TO OUR FAMILY RESTAURANT

Our motivation is to provide you with Wholesome Tasty Food in a welcoming and relaxing environment in which to Recharge and CELEBRATE life!

Our INGREDIENTS are sourced with DILIGENCE, our FOOD is prepared with PRIDE and served with LOVE

Good Food takes time to prepare and our meals are prepared on order. We strive to do this as quickly as possible, but we will not compromise on quality to speed up the process.

To thank our local community for their unwavering support, EVERY TUESDAY NIGHT is HALF PRICE PIZZA night. All we ask is that you eat your pizza with us and not take them away.

In support of our more mature customers, pensioners are entitled to a 25% discount EVERY WEDNESDAY & THURSDAY. Please alert your waitron to your eligibility.

For music lovers, we have a LIVE COUNTRY BAND every FRIDAY evening.

For any other specials, music or quiz night dates please follow us on Facebook and don't forget to check in whilst visiting.

We do hope that you thoroughly enjoy your time with us
with Love

Chris & Jayne Darroll
plus the entire Il Postino Team

Trading Days

Lunch is served from 11am to 3pm: Wednesday to Sunday

Dinner is served from 6pm to 9pm:* Tuesday to Sunday

*The Kitchen closes at 8pm on Sundays

We are open for lunch on public holiday Mondays and Tuesdays

Pizza can be ordered in the Bar on weekends from 11 am to closing

For tables of 10 or more an automatic 10% gratuity will be added

For bookings or takeaways please contact us on

072 905 9390

email: ilpostino@iuncapped.co.za

[facebook.com/IlPostino.Pizzeria](https://www.facebook.com/IlPostino.Pizzeria)

www.ilpostino.co.za

December 2016

ANTIPASTI

Zuppa del Giorno 57

minestrone, tomato & roasted red pepper, leek & potato or roasted butternut served with toasted ciabatta

Spuntino ai Tre Colori 46

mixed bowl of cherry tomatoes, danish feta & olives served with toasted ciabatta

Grilled Calamari 67

lemon garlic or siciliana (lemon, garlic, olives & chilli) served with ciabatta

Polpette al Pomodoro 65

meatballs cooked in a napolitana sauce served with toasted ciabatta (contains pork)

Bruschetta al Pomodoro 62

slices of toasted ciabatta topped with a tomato, basil and garlic salsa

Beef Carpaccio 90

thinly sliced fillet of beef topped with basil pesto, parmesan shavings and rocket

Focaccia 32 / 43

focaccia with garlic, olive oil and rosemary

Focaccia Bianca 53 / 67

focaccia with mozzarella, garlic, olive oil and rosemary

Creamy Mussels 67

mussels in a creamy white wine & garlic sauce served with toasted ciabatta

Piatto Misto 90

parma ham, coppa, salami, bruschetta, cherry tomatoes, olives and danish feta

Insalata Piccola 50

small greek, italian or verde salad

Peri-Peri Chicken Livers 58

mild or hot served with toasted ciabatta

Lumache al Aglio 67

snails in garlic butter served with toasted ciabatta

INSALATA

Insalata Greca 72

mixed greens, tomato, olives, danish feta, red onion, cucumber & peppers

Insalata Italiana 72

mixed greens, tomato, olives, mozzarella, red onion, rocket & peppers

Insalata Verde 46

mixed greens, rocket and parmesan shavings

Insalata Caprese 67

tomato and mozzarella drizzled with basil pesto & olive oil

Insalata di Calamari 92

grilled calamari, mixed greens, tomato, olives, red onion, rocket & peppers

Insalata di Pollo 92

grilled chicken fillet strips, mixed greens, tomato, red onion, carrot, mozzarella, olives, avocado & peppers

TRADITIONAL PIZZA

Our pizzas are baked in a wood burning oven on a traditional thin base.

You may either choose directly from our extensive list of traditional and locals' favourites or create your own from our list of nearly 50 different toppings.

Margherita (V) 67

napolitana base, mozzarella & herbs

ai Fegatini Piccanti 85

peri-peri chicken livers, onions & garlic

Hawaiian 91

country ham & pineapple

Le Bambine Guerrera 94

bacon mince & feta

Pollo e' Funghi 94

chicken & mushroom

Regina 95

country ham & mushroom

Caribbean 97

bacon mince, pineapple & banana

alla Sandy (V) 105

jalapenos, garlic, cherry tomatoes, onions & olives

Famiglia Fleet 106

bacon mince, feta, olives & green pepper

La Cosa Nostra 106

salami, onions, garlic & olives

Mama 'G' 108

anchovies, onion, garlic & chilli

Midlands Medley (on a Focaccia Base) (V) 108

mozzarella, caramelized red onion, camembert cheese & basil pesto

alla Greca 108

crispy bacon, spinach & danish feta

Bruce's Bounty 108

olives, salami & jalapenos

Dieter's Delight 108

spicy pork sausage, garlic, banana & avocado

Christie's Combo 113

bacon mince, feta, olives & avocado

Quattro Formaggi (on a Focaccia Base) (V) 113

mozzarella, feta, blue cheese & parmesan shavings

Mr 'G' 117

olives, capers & anchovies

alla Marco 117

feta, salami & avocado

Caz's Revenge 119

spicy bolognese, chilli, onion & garlic

EXOTIC PIZZA

Slater's Selection 119

crispy bacon, cherry tomatoes, jalapenos & garlic

Die Bergie 119

jalapenos, sliced tomato, country ham & artichokes

Taylor's Tangle 120

chicken, avocado, feta & rocket

al Ischia 121

anchovies, capers, garlic, chilli & olives

The Chef's Choice 121

spicy pork sausage, chicken, fresh basil & cherry tomatoes

The Goodwin (V) 122

roasted red peppers, danish feta, garlic, olives, cherry tomatoes & avocado

Quattro Stagioni 123

country ham, mushrooms, artichokes & olives

alla Cameron (on a Focaccia Base) 128

parma ham, feta & basil pesto

Della Toscana 131

caramelized red onion, olives, anchovies, parmesan shavings

Bradford's Bonanza 133

green pepper, beef fillet strips, feta & mushrooms

di Jethro 134

crispy bacon, cherry tomatoes, spicy pork sausage & avocado

Toby the Dwarf 136

bacon mince, green pepper, anchovies, mushrooms & avocado

alla Daniela 139

danish feta, parma ham & rocket

alla Sud Africana 140

boerewors, biltong, onion & cherry tomatoes

del Porcellino 150

crispy bacon, spicy pork sausage, country ham & salami

Carlisle's Choice 150

spicy bolognese, mushrooms & mozzarella

di Nicolai 150

crispy bacon, chicken, spicy pork sausage, cherry tomatoes & mushrooms

alla Cantarelli 162

crispy bacon, spicy pork sausage & parma ham

Del Postino 166

prawns, red onion, chilli & garlic

Sergio's Numero Uno 168

frutti di mare (prawns, mussels, calamari, hake), chilli salsa & garlic

all toppings dependant on availability / gluten free base add 30 / for calzone add 10 (V) = vegetarian option

Please note that the gluten free option is made in an area that uses wheat flour. Whilst we do our utmost to ensure that there is no cross-contamination we cannot guarantee that some traces of wheat flour will not find their way onto the gluten free options.

CREATE YOUR OWN PIZZA

Select Your Base

focaccia 43

focaccia bianca 67

margherita 67

Then Add The Toppings You Love

anchovies R35

cherry tomatoes R14

olives R10

artichokes R19

chicken R14

onion R4

avocado R10

chicken livers R13

parma ham R52

bacon mince R10

chilli R3

parmesan shavings R15

banana R11

chilli salsa R8

pineapple R10

basil-fresh R9

crispy bacon R26

prawns R94

basil pesto R17

danish feta R10

red onion R4

beef fillet strips R34

egg R6

roasted red peppers R10

biltong R40

feta R18

rocket R12

blue cheese R19

garlic R5

salami R24

boerewors R18

green pepper R5

seafood mix R91

bolognese R44

country ham R17

sliced tomato R10

camembert cheese R24

jalapenos R9

spicy bolognese R46

capers R7

mozzarella R24

spicy sausage R18

caramelized red onion R6

mushrooms R12

spinach R7

PASTA

Rose 66

homemade salsa napoletana with a hint of cream

Blue Cheese Sauce 74

we recommend this with gnocchi at no extra cost

alla Verdura 89

green beans, cauliflower, carrots & broccolli grilled in olive oil

alla Puttanesca 90

capers, chilli, garlic, anchovies & olives in a napoletana sauce

ai Fegatini Piccanti 90

chicken livers in a napoletana sauce with a hint of cream & chilli

Ragu 98

tuscan style bolognese

Pollo e Funghi 99

chicken & mushrooms in a creamy white wine sauce

Carbonara 101

traditional egg, smoked bacon, black pepper & grana Padano

Alfredo 105

coppa ham, mushrooms & cream

Polpette al Pomodoro 110

meatballs in a napoletana sauce with a hint of cream (contains pork)

Lasagne al Forno 113

traditional homemade beef lasagne (please note the cooking time is approx. 30min)

Pescatore 147

prawns, mussels, hake & calamari in a napoletana sauce with a hint of cream & chilli

Gamberi al Pomodoro 161

prawns in a napoletana sauce with a hint of cream & chilli

pastas available: penne, linguine, gnocchi or gluten free**

**for gnocchi add 14 *for gluten free pasta (penne or spaghetti) add 30*

DALLA GRIGLIA

200g Homemade Beef Burger (contains pork) with Chips 94

200g Homemade Cheese Burger (contains pork) with Chips 100

180g Chicken Fillet Burger and Chips 88

Dargle Valley Pork Bangers, Egg and Chips 83

Dargle Valley Pork Bangers, Mash, Grilled Vegetables & Gravy 91

250g Aged Rump Steak * 129

250g Beef Fillet Steak * 152

180g Crumbed Chicken Fillet * 109

* served with two of the following:
chips, grilled vegetables, mash, salad or egg

Plate of Chips 20 / 40

Sauces 30

pepper, mushroom, blue cheese, cheddar, cheddar & jalapenos

DOLCE

Vanilla Ice Cream 46

(add 9 for chocolate sauce)

Affogato 55

ice cream drowned in espresso / frangelico / amarula

Italian Kisses 50

6 per portion

Bar One Cake 58

Chocolate Mousse 47

Pears Poached 57

in red wine and served with ice cream

Irish Coffee, Kahlua Coffee 47

Dom Pedro 47

frangelico / bells / kahlua / amarula

BAMBINI

Margherita 55

napolitana base, mozzarella & herbs

Hawaiian 69

country ham & pineapple

Caribbean 72

bacon mince, pineapple & banana

Le Bambine Guerrera 72

bacon mince & feta

Penne Ragu 48

tuscan style bolognese served with penne

Penne Rose 36

salsa napoletana with a hint of cream served with penne

Pork Banger & Mash/Chips 47

Vanilla Ice Cream 2 Scoops 33

(add 6 for chocolate sauce)

Milkshakes 30

vanilla, chocolate, bubblegum, banana or strawberry